WORLD YOGASANA
Registration No. S/ND/1032/2019
(A Registered Society Under the Societies Registration Act XXI of 1860)
Registered Address: 68, Ashoka Road, New Delhi-110001, India
Administrative Office: 303, Ganga Aangan Flats, Kankhal, Haridwar -249408
(Guinness World Record Holder Organization in the Field of Yogasana-Suryanamaskar)

Dr. Jaideep Arya
Secretary General

Yogrishi Swami Ramdev ji Maharaj
President

File No. WY/HO/87/2025/1st WYSC-29 **Date: 2nd Feb 2026**

Notification

To,

1. President/ Secretary,
   National Yogasana Federations
2. Ad-hoc Committee of Concerned Countries.
3. In-charge / Coordinators of Concerned Countries.
4. Concerned Continent Coordinators.

Subject: **Revised Dates of 1st World Yogasana Sport Championship 2026 to be held in India with basic instructions.**

Dear Brothers/Sisters,

In continuation to the circular no. WY/HO/87/2025/1st WYSC dated 25th October 2025 and notification no. WY/HO/87/2025/1st WYSC-2 dated 8th November 2025 regarding the 1st World Yogasana Sport Championship 2026, it is hereby informed that the competition will be held on revised dates from **4th to 8th June 2026** and at revised venue **at Ahmedabad**, **Gujarat**, **India**.

The guidelines/ instructions for the above said championship is as under:

1) General Information:

1. Reporting and physical document verification of athletes/ teams shall be on 3rd June 2026 after 2 PM.
2. Departure of athletes / teams shall be on 9th June 2026 before 11 AM.
3. **Athletes**:
   a. With only written permission from concern National Yogasana Federations will be allowed to participate.
   b. All the participating athletes will be awarded with participation certificate. The E-Certificate will be awarded though email.
   c. Must carry their latest passport size photos.
4. **Athlete Support Staff**:
   a. Will also be provided appreciation certificate. The E-Certificate will be awarded through email.
   b. Athlete Support staff will include Team Manager, Coach (Male or Female), Physiotherapist, Masseur, Nutritionist, Translator, Officials, National Federation Representatives, etc.

Contact: +91 9760095100, Email: secretariat@worldyogasana.org **Website:** www.worldyogasana.org
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c. Maximum 20% Athletes Support Staff will be allowed along with Athletes. Only One (01) will be allowed upto 5 Athletes, only two (02) will be allowed upto 10 athletes, Four (04) will be allowed upto 20 athletes and Five (05) will be allowed upto 30 athletes.
d. Beyond allowed limit of Athletes Support Staff will be termed as unauthorized. They may or may not get permission. If permitted, then will need to bear their own expenses as per actual (US Dollar $ 100/- per person per day, total US Dollar $700/-).
e. Only One Team Manager is allowed with the team (mandatory) who can be either Male or Female. The primary responsibility of the Team Mangers shall be to fulfill all necessary documents of team.
f. Only affiliated unit of World Yogasana will be allowed to have Athletes Support Staff along with team.
g. Athlete Support staff with MQM Qualifiers is not allowed.
h. The fee of athletes support staff will be sponsored by the host Organzing committee.
i. Athletes, Support Staff and Officials shall carry their passport size photos.
j. Parents/ spouse/ Friends/ Relatives are not allowed along with team. Only authorized persons are allowed with the team.

5. **Fees**:
   a. $ 50/- (US Dollar Fifty only) per event per athlete.
   b. This fee will be excluding bank changes. The bank charges must be borne by remitter.
   c. The fee shall be collectively paid by the concern National Yogasana Federation to World Yogasana.
6. Officials of the Federations shall also be awarded with certificate.
7. Judges, Jury, Technical Officials, TSR Technical Officials of the championship will be awarded certificate. The E-certificate will be awarded through email.
8. Winner athletes will be awarded with Gold, Silver and Bronze Medals and Merit Certificate. 4th & 5th Rank athletes will be provided with only Merit Certificate.
9. Best Athlete of each country will be honored.
10. Over-all Champion Trophy, 1st Runner-up Champion & 2nd Runner-Up Champion Trophy shall be awarded to the highest Gold Medal winning Country.
11. Overall Individual Champion trophy for Men & Women separately shall be awarded to the athlete winning highest Gold Medals.
12. **Flag & Uniform**:
    a. National Yogasana Federation must bring 2 Federation Flags along with team (3x2 ft & 6x4 ft size). Teams can also bring their country flag with the approval of competent authority.
    b. It is mandatory to be present during the Opening and Closing Ceremony.
    c. National Federation must inform to World Yogasana before 15th May 2026, who shall be the Captain & Flag Bearer of your team during the March Past in the Opening Ceremony.
    d. All athletes in a team must be in same tracksuit / Blazer of your federation.
13. In case of invitation letter for applying for the visa, can be provided on request.
14. It is mandatory for Individuals/ Team/ National Federation to have their own medical insurance cover.

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2) ***Registration:***

1. Participating Athletes/ Team Managers/ Coaches/ Delegates/ Administrators must complete the registration procedure for the above said competition. The link is as under: https://forms.gle/kQp2AF6FkS48nZwY7. (OR scan the QR code)
2. Last date of registration is 20th March 2026.
3. The National Yogasana Federations are hereby requested to fill the detailed Athletes Entry Proforma and attach passport copies and attested necessary documents. The same must be sent on email to World Yogasana Head Office along with Covering letter on email: secretariat@worldyogasana.org .
4. It is hereby advised to send the details by 20th March for visa clearance permissions, so that Indian authorities can support and escalate.

Registration Form

3) ***Technical Information:***

1) The championship will be conducted in following age groups:

Sr. No.	Age Group	Age Range
1.	Sub Junior	31st Dec 2015 to 1st Jan 2012
2.	Junior	31st Dec 2011 to 1st Jan 2008
3.	Senior	31st Dec 2007 to 1st Jan 1998
4.	Senior A	31st Dec 1997 to 1st Jan 1991
5.	Senior B	31st Dec 1990 to 1st Jan 1981
6.	Senior C	31st Dec 1980 to 1st Jan 1971

Code of Points

2) Cutoff date for age calculation will be age of athlete as on 1st Jan 2026.
3) The championship will be conducted as per Code of Points prescribed by World Yogasana. Athletes/ Team Managers/ Coaches/ Others are requested to refer latest rules & regulations (Code of Points) of the competition available on the website https://worldyogasana.org/code .
4) The competition will be conducted using the Electronic Scoring System (TSR). The decision of the Jury will be final.
5) Citizen of concern country can represent their country in this championship. Passport shall be considered as reference document for representation.
6) Athletes/ Teams of concerned country must be selected on the basis of:
   i. National Level Championship
   OR
   ii. Selection Trails conducted for above said championship.
   OR
   iii. Minimum Qualifying Marks (In Case of Non Feasibility of above points i. & ii.)
7) Under the MQM criteria, only the qualified athletes will be allowed to participate.
8) The MQM Scrutinizing committee will inform about your qualification status.

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9) In the Minimum Qualifying Marks (MQM), 50% marks must be obtained to be eligible in the particular event for the above championship. The MQM will be examined by the Continental Scrutinizing Committee respectively. Athletes must record the video of event and upload on You Tube. The You Tube link of same video shall be submitted in the Google form available below: https://forms.gle/VJ5UFPtBvbwXVD5B6 (Or scan the QR Code).

MQM Google Form

10) The events and contingent size of a team shall be as under:

		Event wise athletes participation from each country					
Sr. no.	**Event**	**Sub Junior**	**Junior**	**Senior**	**Senior A**	**Senior B**	**Senior C**
1.	Traditional Yogasana	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete
2.	Forward Bend Individual	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete
3.	Back Bend Individual	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete
4.	Twisting Body Individual	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete
5.	Leg Balance Individual	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete
6.	Hand Balance Individual	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete
7.	Supine individual	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete	1 Athlete
8.	Kalatmak Ekal	1 Athlete	1 Athlete	1 Athlete	NA	NA	NA
9.	Kalatmak Yugal	1 Pair	1 Pair	1 Pair	NA	NA	NA
10.	Talatmak Yugal	1 Pair	1 Pair	1 Pair	NA	NA	NA
11.	Kalatmak Samuha	1 Group (5 Athletes)	1 Group (5 Athletes)	1 Group (5 Athletes)	NA	NA	NA
12.	Traditional Group	1 Group (5 Athletes)	1 Group (5 Athletes)	1 Group (5 Athletes)	1 Group (5 Athletes)	NA	NA
	Total	**12**	**12**	**12**	**7**	**7**	**7**
	Men & Women	**24**	**24**	**24**	**14**	**14**	**14**

4) Accreditation:

1. Participating National Federations must complete the registration procedure to obtain the accreditation card for all their members including athletes, support staff, National Federation representatives and guest, etc.
2. Following standard procedures, the accreditation card is personal, non-transferable, and must always be displayed in the areas requiring accreditation. The right to hold and/ or use may be revoked at any time at the full discretion by an official of the Organizing Committee.

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5) Accommodation:

1. Lodging and Boarding will be provided by the host (Organizing Committee) without additional cost to athletes and support staff in the permissible limit.
2. Good Accommodation shall be provided on sharing basis to athletes/ Support staff/ Officials/ Judges/ Delegates.
3. Meal shall be made available from the dinner of 3rd June 2026 till the breakfast on 9th June 2026.

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4. Other than authorized permissible limit shall be chargeable.
5. Check-in time on 3rd June 2026 will be after 2 PM and check out time on 9th June 2026 will be before 11 AM.
6. Weather condition during the competition days shall be hot weather.

6) ***Transportation:***

1. The international airport is 'Sardar Vallabhbhai Patel International Airport', Ahmedabad, Gujarat, India.
2. Domestic Flights from New Delhi or Mumbai airports are also available to Ahmedabad Airport.
3. Local transportation from the Ahmedabad Airport will be provided by the Organizing Committee.
4. Travelling and visa expenses from home to India and return journey shall be managed by athletes, Support staff, National Federation Representatives, etc themselves.
5. The contact details of Transport In-charge :
   Mr. Parul Sharma (+91 9289429991).
6. Participants are requested to kindly contact to transport In-charge 48 hours prior to the arrival for smooth coordination.
7. Participants are requested to fill your arrival departure details on the given link below: https://forms.gle/XMQC2nKD6szQbix19

Travel Details Form

7) ***Cultural Event & Demonstrations:***

1. If any National Federation is willing to present cultural demonstration/ presentations are invited and welcomed. Interested delegations may send application on email to World Yogasana Head Office on secretariat@worldyogasana.org with necessary details. The Recreational & Cultural Program Committee will validate and confirm the timeslot if found appropriate.
2. National Federations are advised to keep your countries cultural dress along with them for the ceremonies, as and when required.
3. Mallakhamb, Rope Yoga, Skating Yoga demonstrations are also invited. Interested persons may send applications with necessary details on above mentioned email id.

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8) ***Discipline:***

1. All athletes, officials, support staff, and team members are required to maintain strict discipline and decorum throughout the duration of the championship, including at the competition venue, accommodation, and all official events.
2. Any act of indiscipline, misconduct, unethical activity, or violation of rules may invite disciplinary action by the Organizing Committee and/or World Yogasana. Such action may include warning, penalty, cancellation of medal(s), disqualification of athlete(s), or debarring of the team from the championship, depending upon the severity of the offence.

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9) ***Social Media Conduct:***

1. Dissemination of information related to the championship on social media platforms is permitted.
2. However, any unethical activity, misuse of social media, or attempt to defame, malign, or damage the reputation of World Yogasana, the Organizing Committee, officials, or the event in any manner shall be viewed seriously.
3. Such actions may result in disciplinary proceedings, including cancellation of medal(s), disqualification of athlete(s)/team, or any other action deemed appropriate by World Yogasana.

10) ***Schedule:***

The schedule of the competition shall be as under:

Day	Details
Day 0 3rd June 2026	Arrival of the teams (Athletes, Team Managers, Coaches, Delegates) after 2 PM at defined Hotel.
	5.30 PM to 6.30 PM Team Manager, Coaches and Team Captains Meeting for taking Draw Size at the Venue.
	Late Evening: Opening Ceremony
Day 1 4th June 2026	7 AM to 8 AM: Breakfast at Hotel
	9 AM to 9 PM: Competition at venue
	12.30 PM to 2 PM: Lunch at Venue
	9 PM to 10 PM: Dinner at Hotel
Day 2 5th June 2026	7 AM to 8 AM: Breakfast at Hotel
	9 AM to 9 PM: Competition at venue
	12.30 PM to 2 PM: Lunch
	8 PM to 10 PM: Dinner at Hotel
	General Body Meeting
Day 3 6th June 2026	7 AM to 8 AM: Breakfast at Hotel
	9 AM to 9 PM: Competition at venue
	12.30 PM to 2 PM: Lunch
	8 PM to 10 PM: Dinner at Hotel
Day 4 7th June 2026	7 AM to 8 AM: Breakfast at Hotel
	9 AM to 9 PM: Competition at venue
	12.30 PM to 2 PM: Lunch
	8 PM to 10 PM: Dinner at Hotel
Day 5 8th June 2026	7 AM to 8 AM: Breakfast at Hotel
	9 AM to 3 PM: Competition at venue
	12.30 PM to 2 PM: Lunch
	8 PM to 10 PM: Dinner at Hotel
	Evening: Closing Ceremony
Day 6 9th June 2026	7 AM to 8 AM: Breakfast at Hotel
	Departure of Teams before 11 AM

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11) Anti-Doping:

1. The championship shall be governed by the rules and regulations of the World Anti-Doping Agency (WADA).
2. The use of prohibited substances or methods is strictly prohibited. Any athlete found guilty of an anti-doping rule violation shall be subject to disciplinary action as per WADA norms, which may include disqualification, cancellation of results and medals, suspension, or any other penalty as prescribed under the applicable anti-doping regulations.

Dr. Sanjay Malpani
Competition Director
Vice President, World Yogasana
President, Asian Yogasana

Dr. Jaideep Arya
Secretary General
World Yogasana

Udit Sheth
President, Host State
Vice President, World Yogasana
President, Yogasana Bharat

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